

# Fetal Alcohol Spectrum Disorders

## We're here to help

Fetal alcohol exposure is the most common cause of developmental disabilities in children. Fetal alcohol spectrum disorders (FASD) is the umbrella term for a range of conditions that affect a child's health and development. FASD includes Fetal Alcohol Syndrome (FAS) and other related conditions.

FASD affects a child's physical appearance, behavior and learning abilities. FASDs are caused by alcohol consumption during pregnancy.

We offer an integrated program customized for your child. An expert team with doctors from Pediatric Clinic Neuroscience and Adoption Medicine programs address your child's needs. Your child does **not** have to be adopted to be evaluated. Pediatricians, neuropsychologists, occupational and speech therapists, teachers, social workers, and others work with you and your child.

Integrated multi-specialty care for your child includes:

- Assessment and diagnosis
- History and physical examinations
- Parent training programs
- Educational programming assistance
- Case management coordination
- Referral assistance to other specialties and services

We also collaborate with Special Education Services of the Minneapolis Public Schools and the **Minnesota Organization on Fetal Alcohol Syndrome** for support services.

## Schedule and prepare for your first appointment

### Call 612-365-6777 and ask for the "FASD Packet."

You will receive a questionnaire to return in advance of your appointment. Medical records and photos are required for the first visit:

- Growth information
- Past medical records
- Pre-pubertal photos of your child not smiling, especially if your child is in or past puberty.



## Pediatric Specialty Care Discovery Clinic

2512 Building, Third Floor  
2512 S. 7th St.  
Minneapolis, MN 55454

## Appointments

612-365-6777

## Physician Referrals

888-KIDS-UMN  
(888-543-7866)

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# Care Team

Here is a listing of our care team.

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Judith K. Eckerle, MD  
Adoption Medicine  
*Pediatrician, Adoption  
Medicine Physician*



Christopher Boys,  
PhD, LP  
Pediatric Psychology  
*Pediatric  
Neuropsychologist*



Amy Gross, PhD, LP,  
BCBA-D  
Pediatric Psychology  
*Pediatric Psychologist*

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