

Dear Parent/Guardian,

Northern Pines Mental Health Center has received a referral for your child to be assessed for mental health concerns and/or for mental health services.

At Northern Pines we view the assessment and treatment of young children as a partnership between the therapist and a child’s caregivers. We look forward to working together with you and your child to better understand their emotional health and to develop strategies that will best support their social and emotional development.

Before mental health services begin, a diagnostic assessment must be completed for your child. A DC: 0-5 diagnostic assessment involves the following steps, which take place over the course of several weeks:

1. Intake and diagnostic interview in the office with caregiver/guardian(s) alone.
2. Session with the caregiver/guardian(s) and child in the office.
3. Observation of the child in an alternative setting or with another caregiver.
4. Releases of information for information gathered from physician, child care provider, teacher, social worker, etc.
5. Discussion of findings scheduled in the office between therapist and caregivers to discuss recommendations of the assessment

Your therapist will review the assessment process when you meet for the intake and diagnostic interview. Please complete the intake paperwork and ASQ:SE provided in this packet and bring with you to your child’s first appointment.

Your appointment is scheduled on _____
(Date/Time)

at _____ with _____.
(Office) (Therapist)

Thank you for choosing Northern Pines!



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| <input type="checkbox"/> AITKIN OFFICE - #13 3 rd Street, Aitkin, MN 56431 | 218-928-8003 | Fax: 218-928-8006 |
| <input type="checkbox"/> BRAINERD OFFICE - 520 Fifth Street NW, Brainerd, MN 56401 | 218-829-3235 | Fax: 218-829-1368 |
| <input type="checkbox"/> LITTLE FALLS OFFICE - P.O. Box 367, Little Falls, MN 56345 | 320-632-6647 | Fax: 320-632-9525 |
| <input type="checkbox"/> LONG PRAIRIE OFFICE - 16 Ninth Street SE, Long Prairie, MN 56347 | 320-732-6602 | Fax: 320-732-6581 |
| <input type="checkbox"/> MAPLE STREET OFFICE - 823 Maple Street, Brainerd, MN 56401 | 218-454-4066 | Fax: 218-454-1024 |
| <input type="checkbox"/> PINE RIVER OFFICE - 245 Barclay Ave. Pine River, MN 56474 | 218-587-3271 | Fax: 218-587-3272 |
| <input type="checkbox"/> STAPLES OFFICE – 200 Fourth Street NE, Staples, MN 56479 | 218-894-1002 | Fax: 218-894-0131 |
| <input type="checkbox"/> WADENA OFFICE - 11 Second Street SW, Suite 1, Wadena, MN 56482 | 218-631-1714 | Fax: 218-631-4228 |